



Olecranonfraktur

Christian Cavallius

April 2024

Olecranonfrakturer

15/100.000

- Ca. 10% af overekstremitetsfrakturer

Injury, Int. J. Care Injured 43 (2012) 343–346



ELSEVIER

Contents lists available at [SciVerse ScienceDirect](#)

Injury

journal homepage: www.elsevier.com/locate/injury

The epidemiology of fractures of the proximal ulna

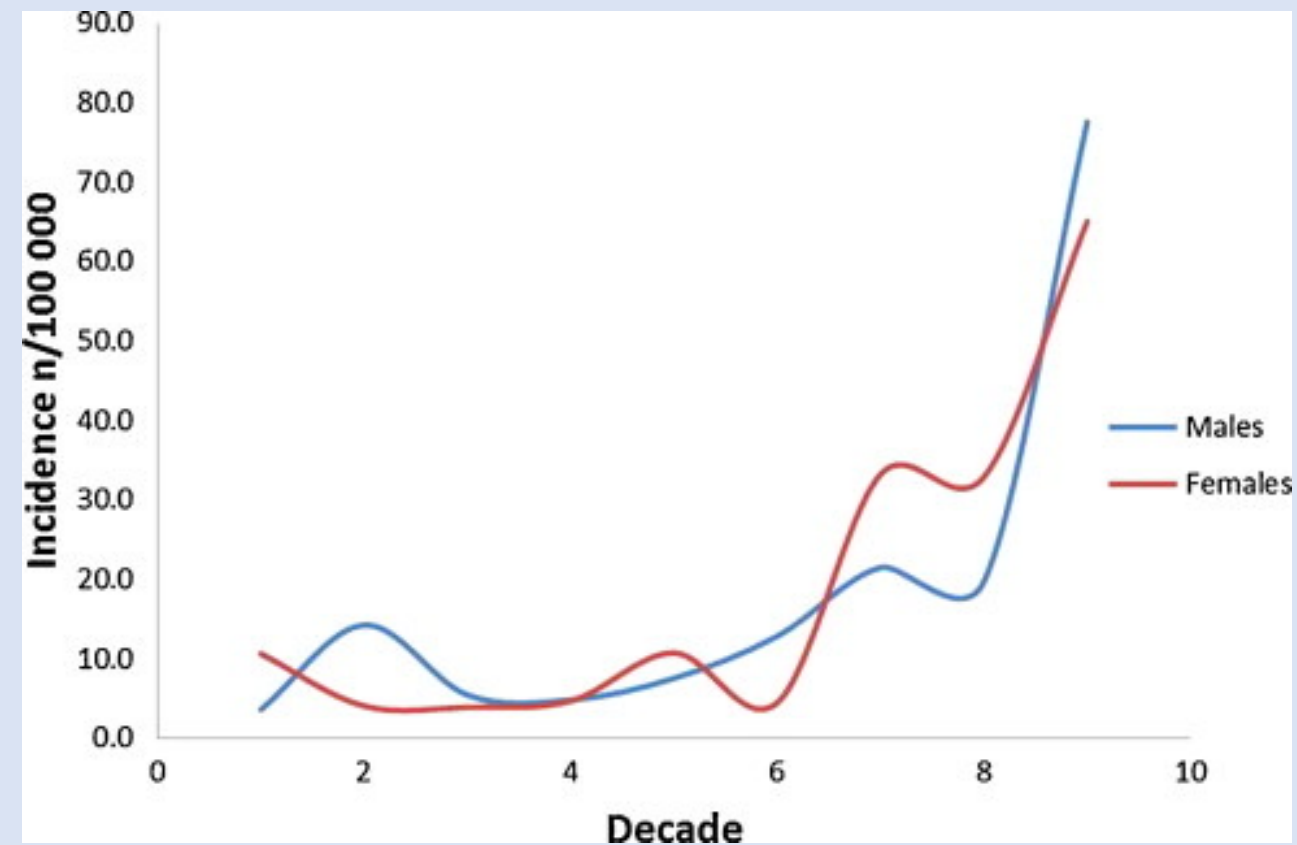
Andrew D. Duckworth^{*}, Nicholas D. Clement, Stuart A. Aitken, Charles M. Court-Brown, Margaret M. McQueen

Edinburgh Orthopaedic Trauma Unit, Royal Infirmary of Edinburgh, 51 Little France Crescent, Edinburgh EH16 4SU, UK

Olecranonfraktur

15/100.000

- Ca. 10% af overekstremitetsfrakturer



Olecranonfrakturer

Ulna

2U1 Proximal end segment

2U1A1

2U1A2

2U1A3



2U1A Extraarticular

2U1A1 Avulsion of triceps insertion

2U1A2 Simple metaphyseal

2U1A3 Multifragmentary metaphyseal

2U1B1

2U1B2



2U1B Partial articular

2U1B1* Olecranon

2U1B2* Coronoid

2U1C3



2U1C Complete articular

2U1C3* Olecranon and coronoid

Olecranonfrakturer

Ulna

2U1 Proximal end segment

2U1A1

2U1A2

2U1A3



2U1A Extraarticular

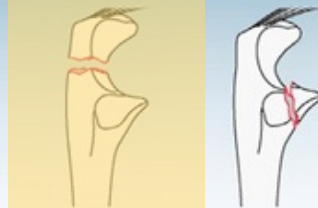
2U1A1 Avulsion of triceps insertion

2U1A2 Simple metaphyseal

2U1A3 Multifragmentary metaphyseal

2U1B1

2U1B2



2U1B Partial articular

2U1B1* Olecranon

2U1B2* Coronoid

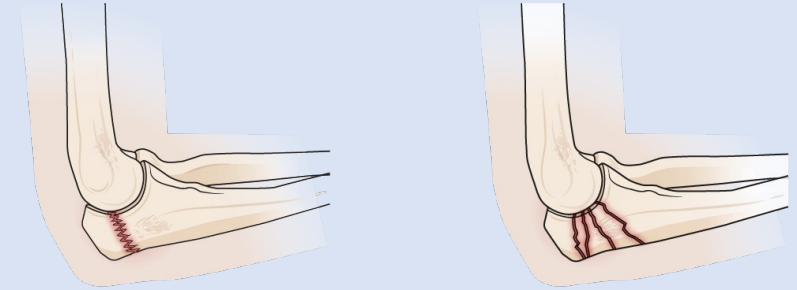
2U1C3



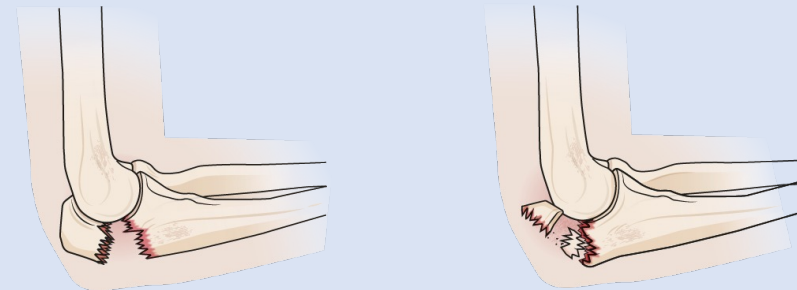
2U1C Complete articular

2U1C3* Olecranon and coronoid

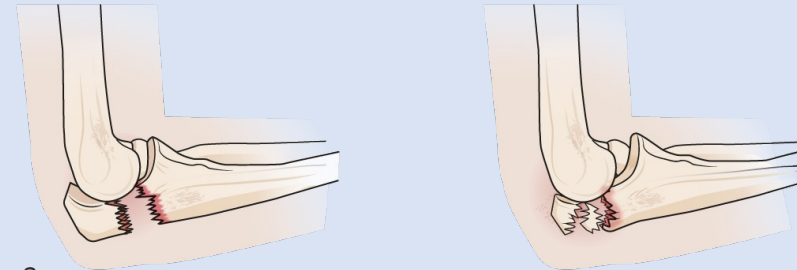
Olecranonfrakturer



Type 1



Type 2



Type 3

Ulna

2U1 Proximal end segment

2U1A1



2U1A2



2U1A3



2U1A Extraarticular

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2U1B Partial articular

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2U1B2* Coronoid

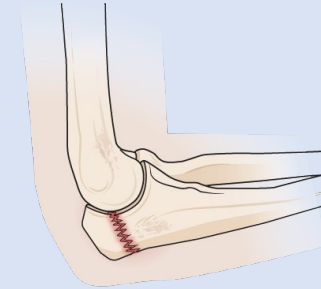
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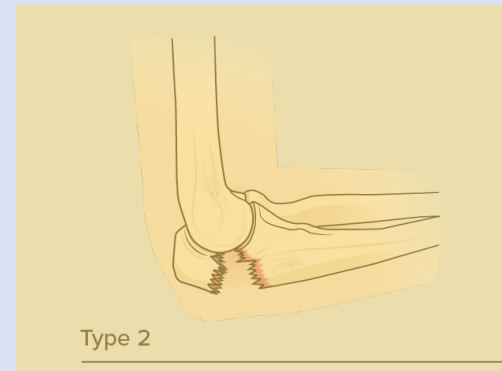
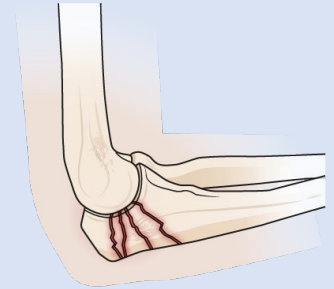
2U1C Complete articular

2U1C3* Olecranon and coronoid

Olecranonfrakturer



Type 1



Type 2



Type 3



Ulna

2U1 Proximal end segment

2U1A1

2U1A2

2U1A3

2U1B1

2U1B2

2U1C3

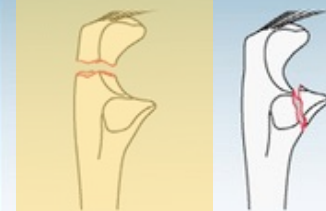


2U1A Extraarticular

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2U1A3 Multifragmentary metaphyseal



2U1B Partial articular

2U1B1* Olecranon

2U1B2* Coronoid



2U1C Complete articular

2U1C3* Olecranon and coronoid

Olecranonfraktur

60-82% er Mayo IIA

Musculoskelet Surg (2017) 101:1–9
DOI 10.1007/s12306-016-0449-5

REVIEW

The treatment of olecranon fractures in adults

A. J. Powell¹ · O. M. Farhan-Alanie² · J. K. Bryceland² · T. Nunn¹

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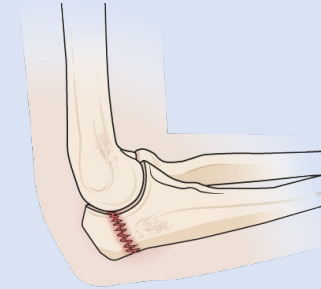
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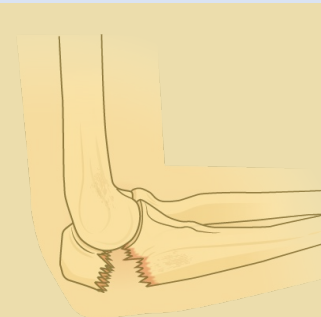
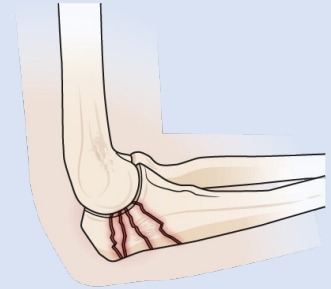
2U1C3



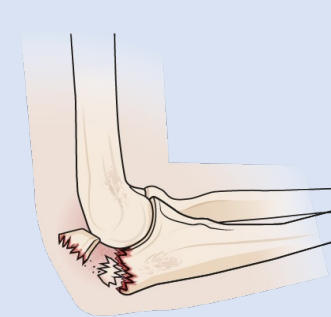
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2U1C3* Olecranon and coronoid



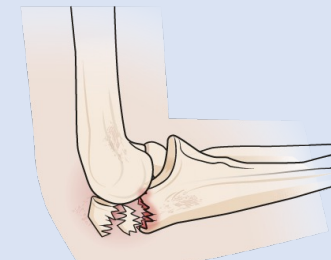
Type 1



Type 2



Type 3



Olecranonfrakturer

Konservativ behandling

- Vinkelgips i 60° - 90°
- Røntgenkontrol efter 1-2 uger
- Afbandagering efter 3-5 uger
- Evt. genoptræning

Olecranonfrakturer

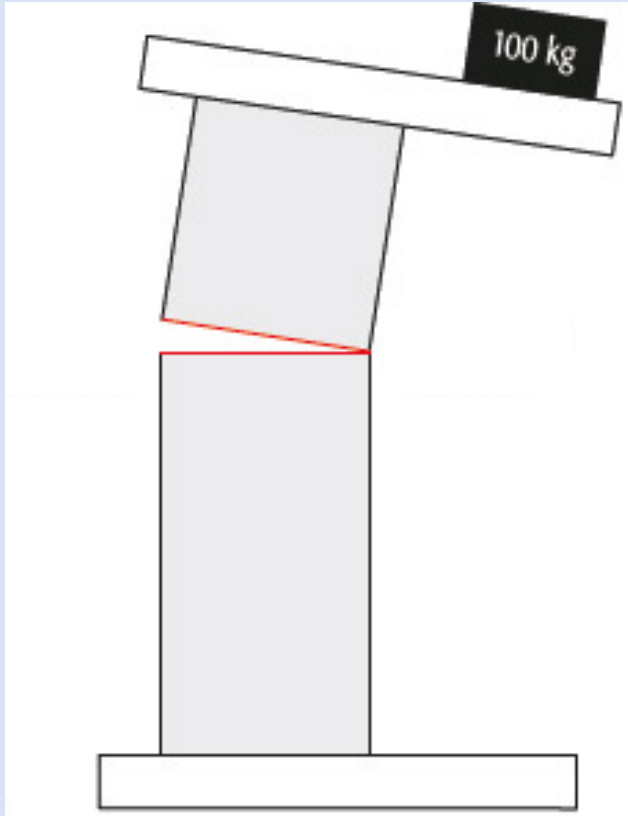
Operativ behandling

Artikulær fraktur

- Direkte heling
- Åben reponering
- Absolut stabilitet
 - Tension band
 - Plade og skruer
- Relativ stabilitet ved komminutte frakturer
 - Bridge plating

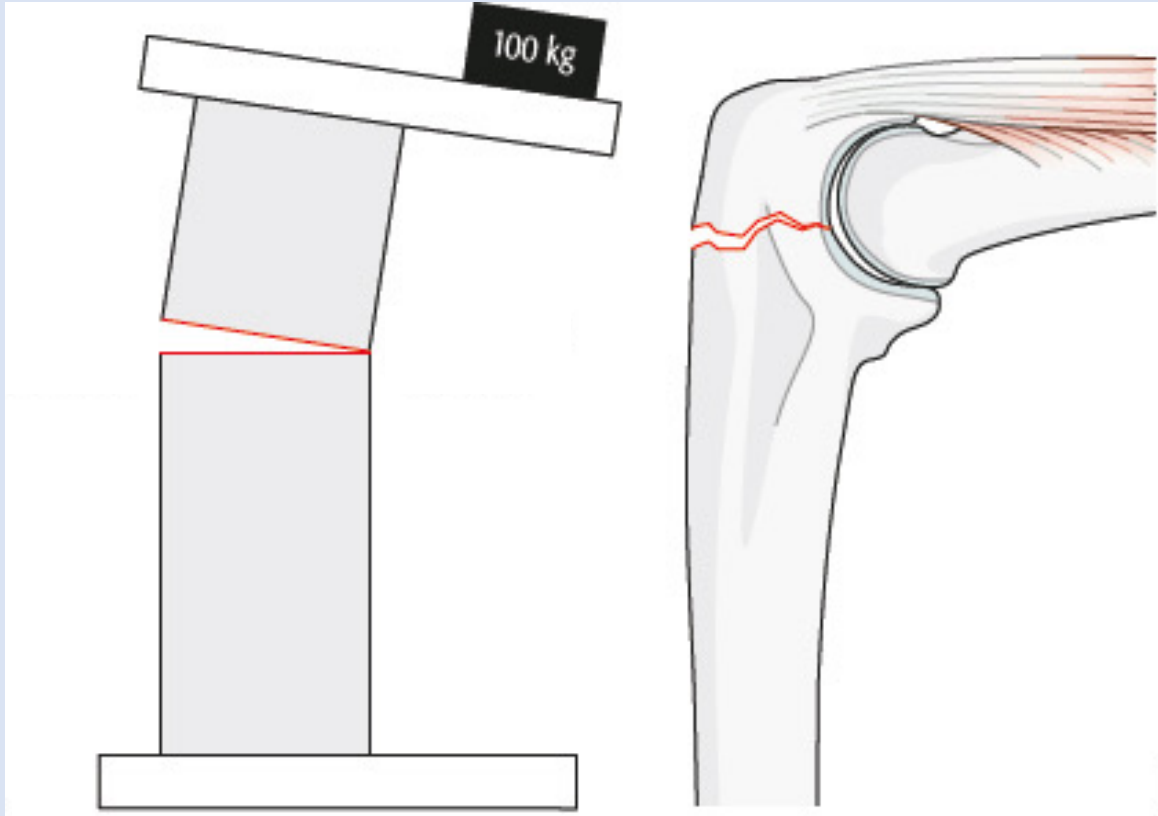
Olecranonfraktur

Tension band



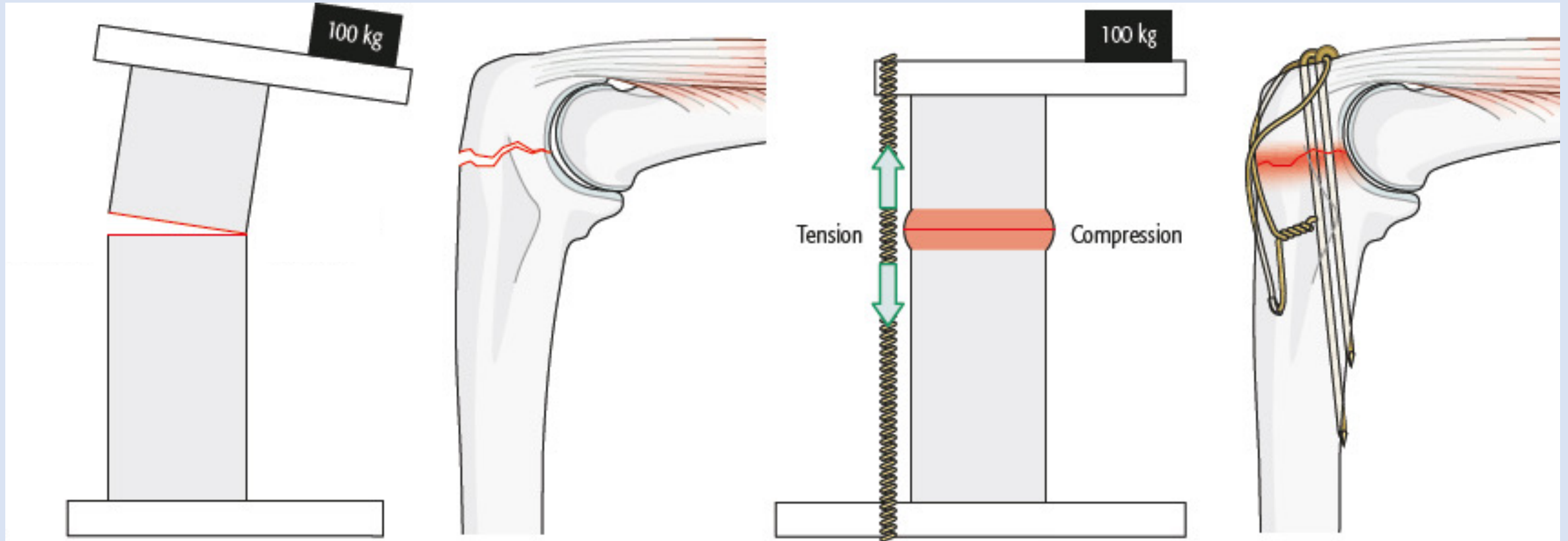
Olecranonfraktur

Tension band



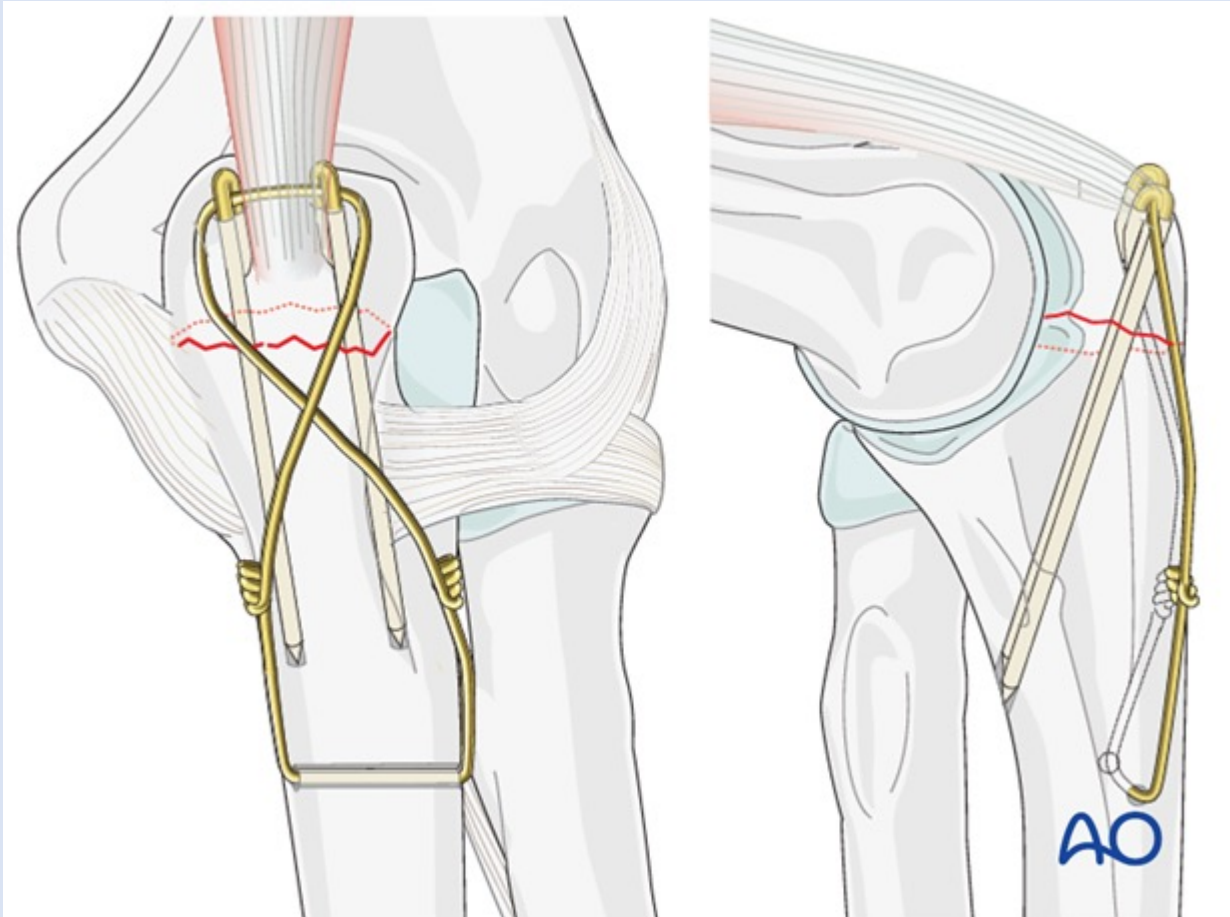
Olecranonfraktur

Tension band



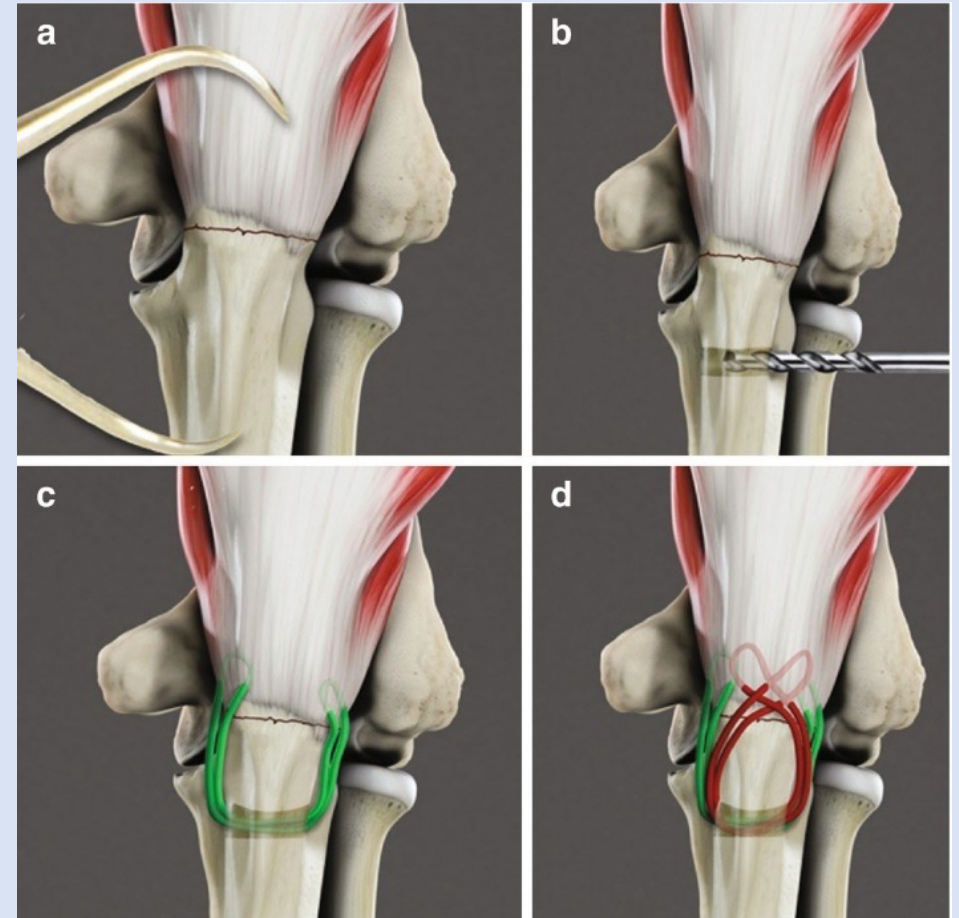
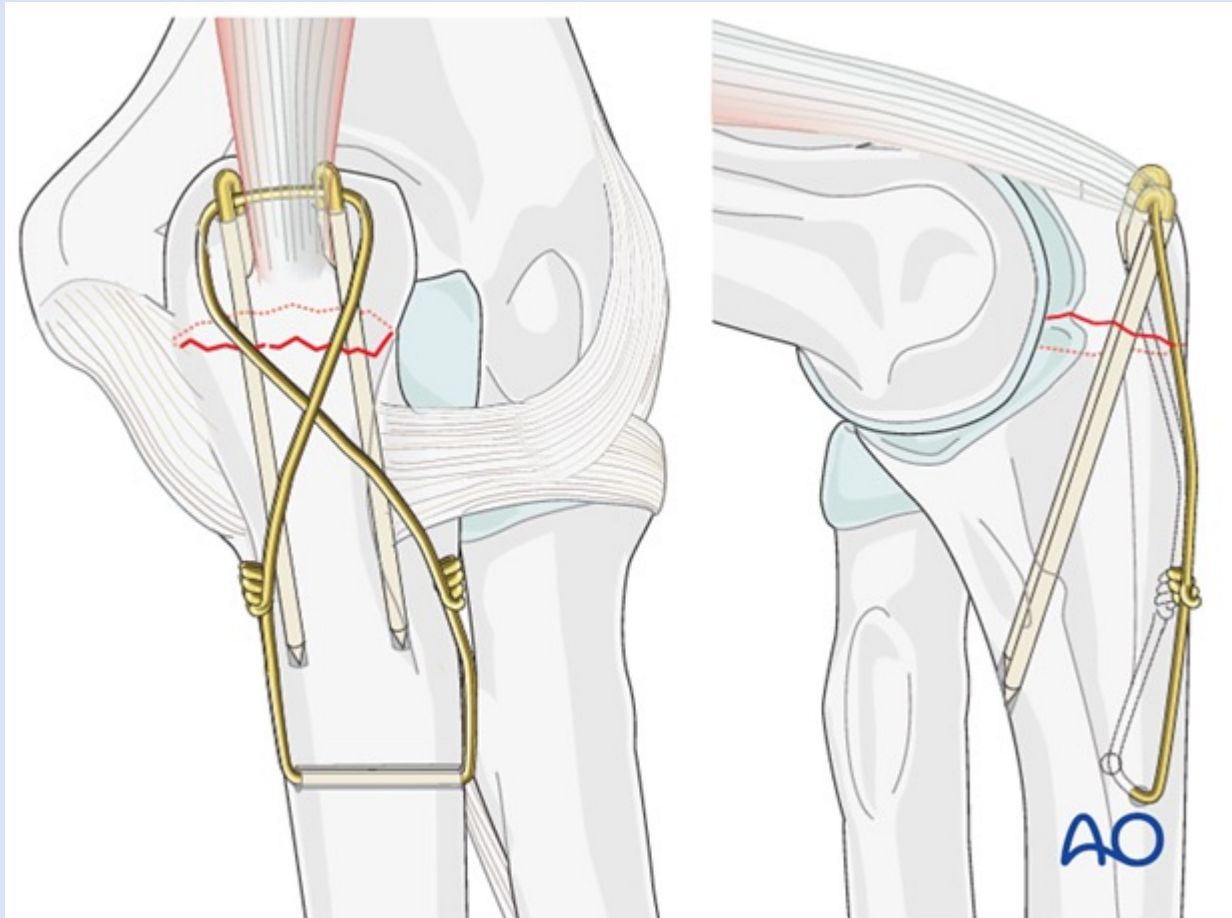
Olecranonfraktur

Tension band



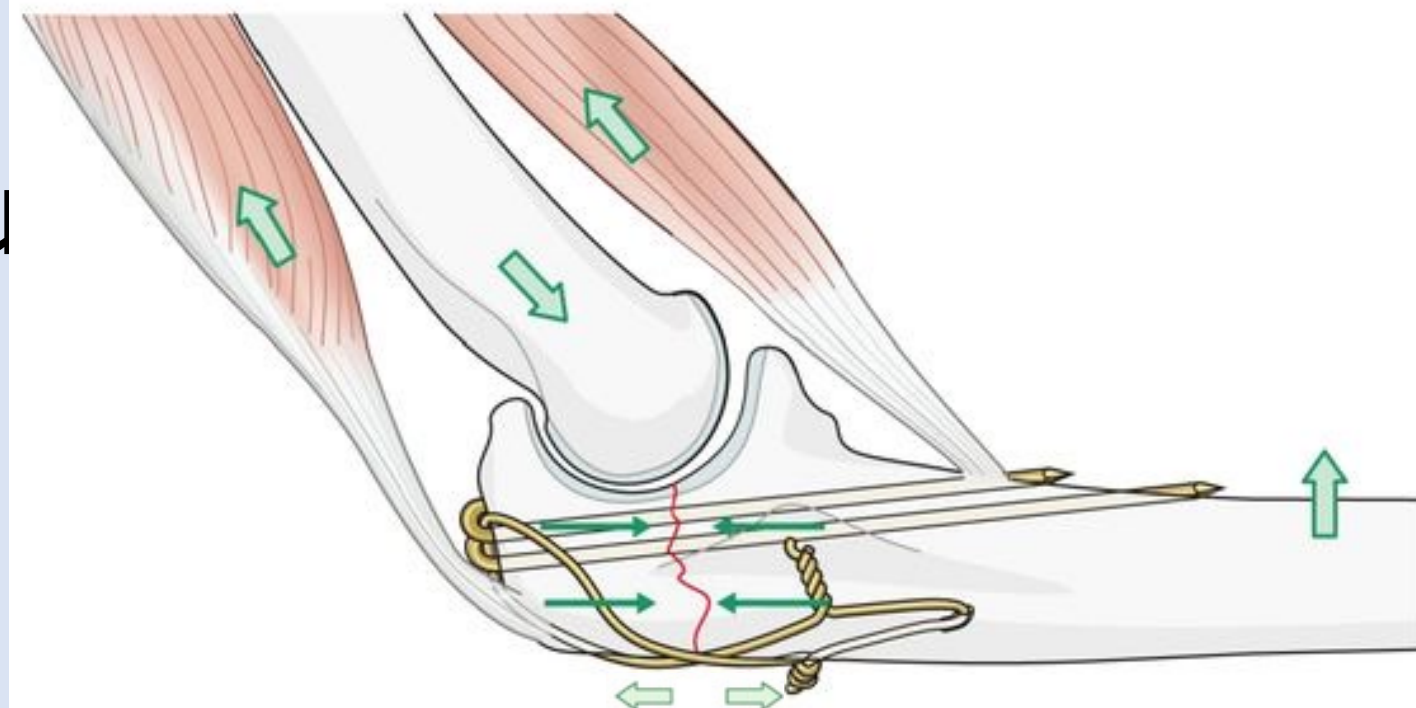
Olecranonfraktur

Tension band



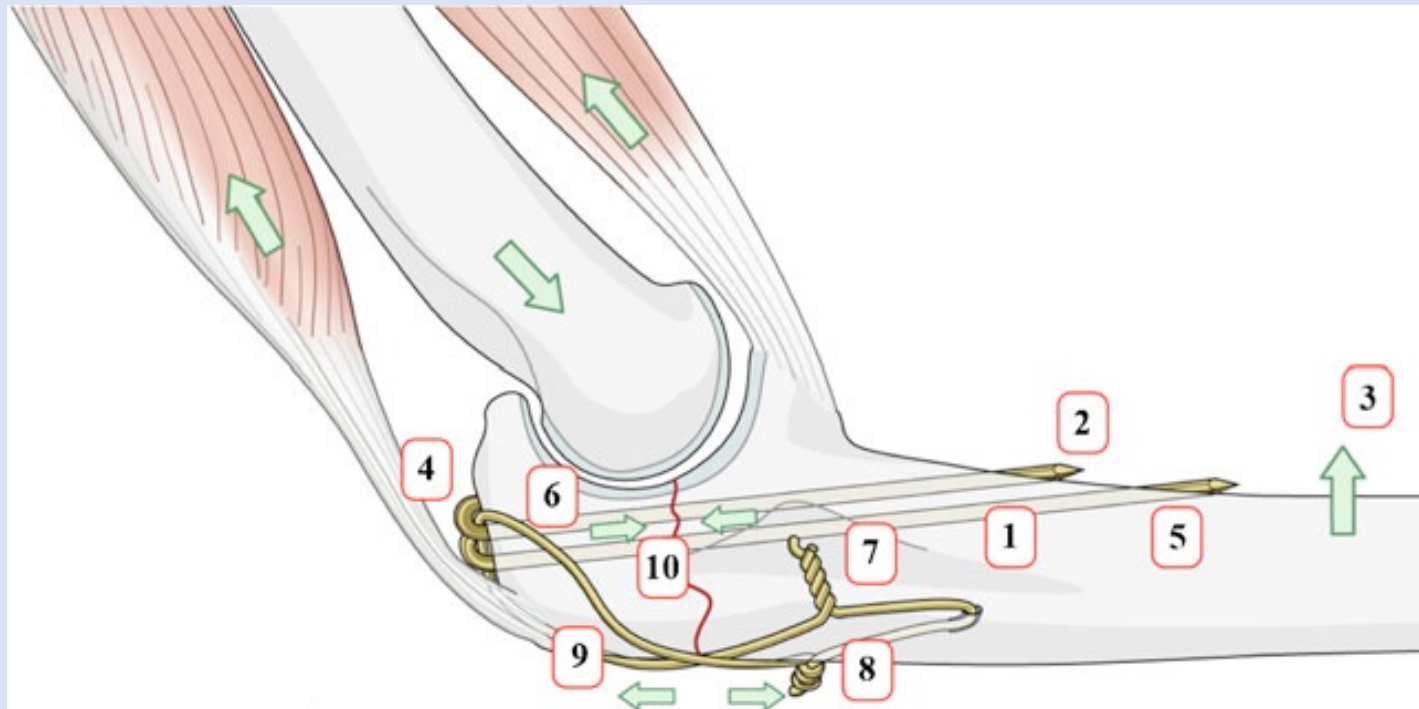
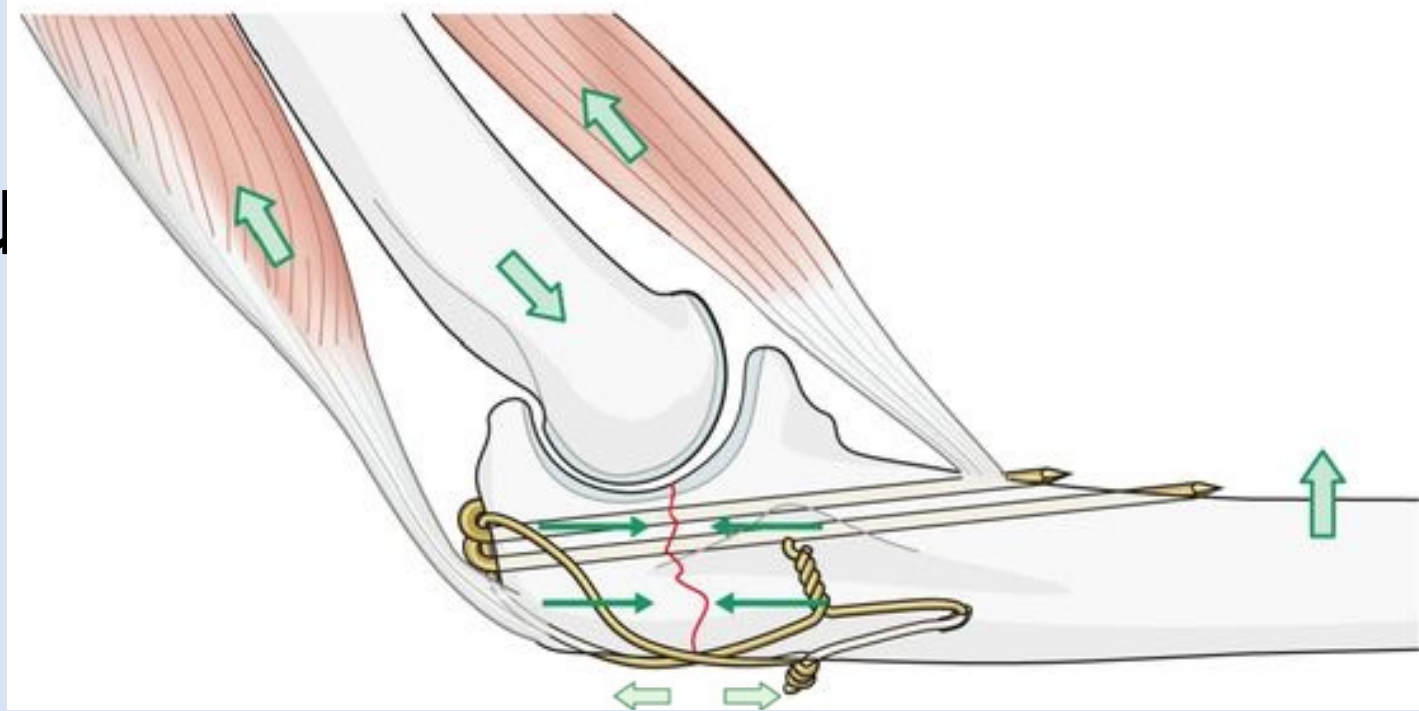
Olecranonfraktur

Tension band



Olecranonfraktur

Tension band



Olecranonfraktur

Tension band

International Orthopaedics (SICOT)

DOI 10.1007/s00264-013-2208-7

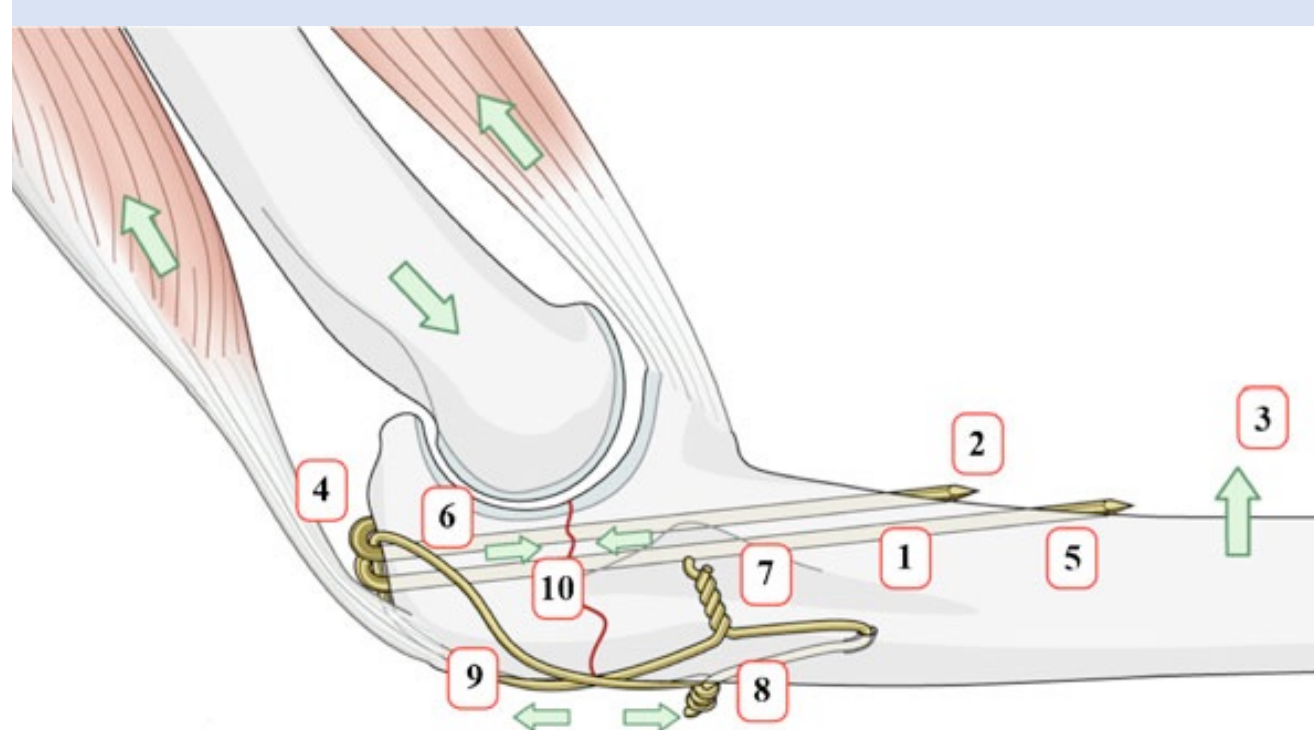
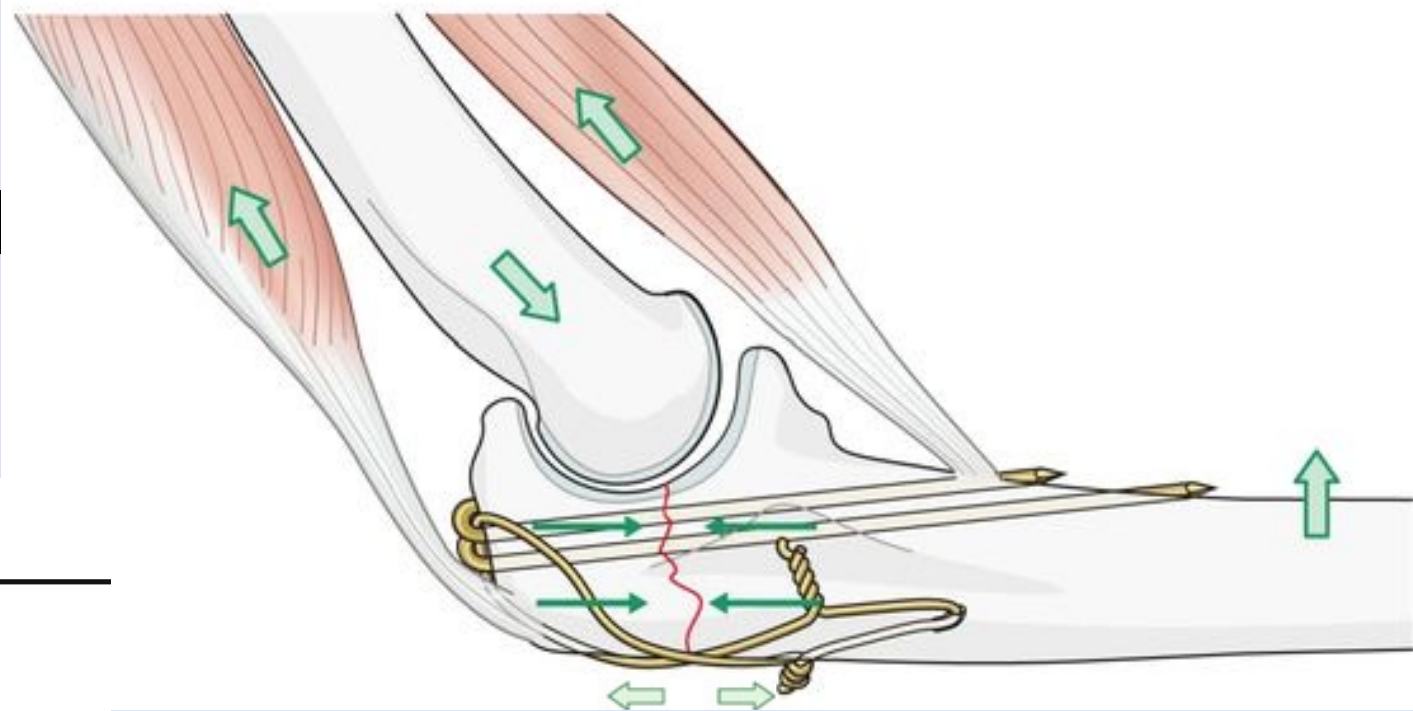
ORIGINAL PAPER

Tension band wiring in olecranon fractures: the myth of technical simplicity and osteosynthetic perfection

Marco M. Schneider • Tobias E. Nowak •
Leonard Bastian • Jan C. Katthagen • Jörg Isenberg •
Pol M. Rommens • Lars P. Müller • Klaus J. Burkhart

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Olecranonfraktur

Tension band

International Orthopaedics (SICOT)

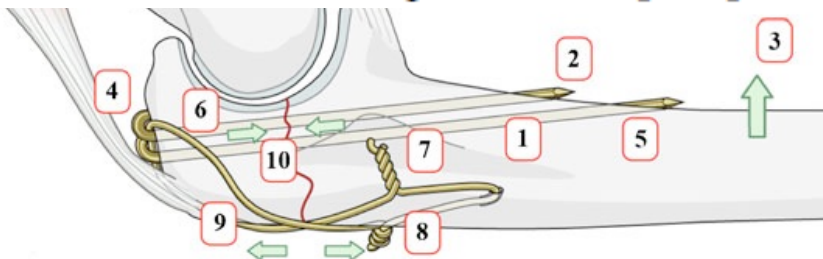
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complication rate reaches up to 80 % [1–3].



Olecranon fracture

Tension band

International Orthopaedics (SICOT)

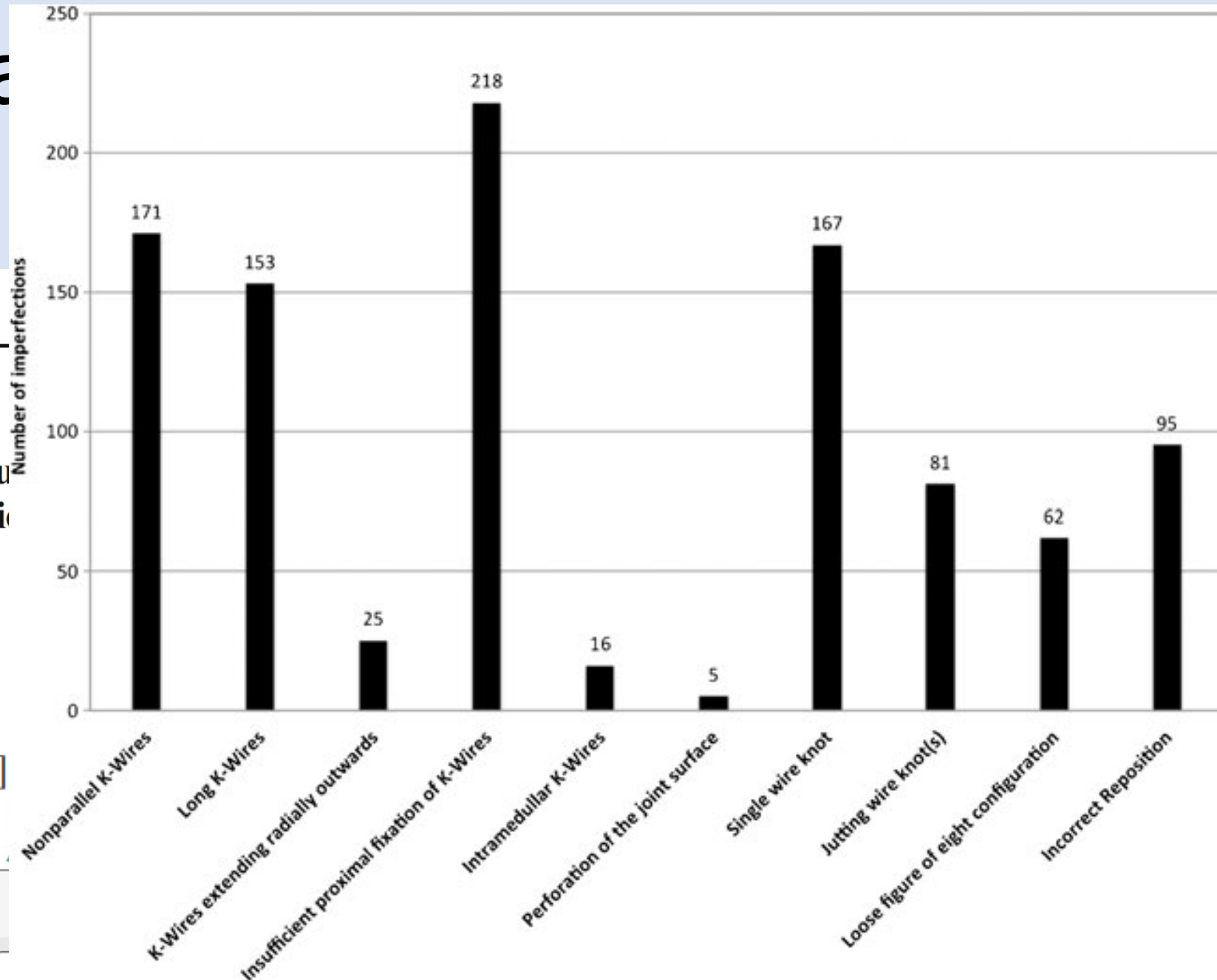
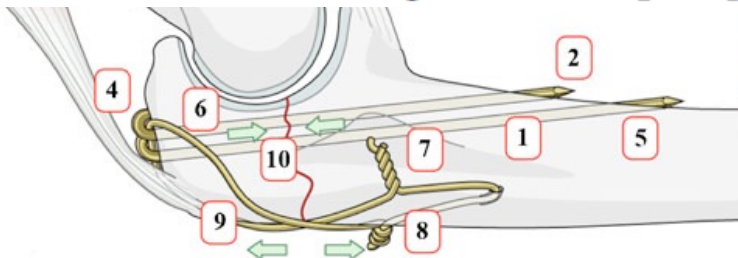
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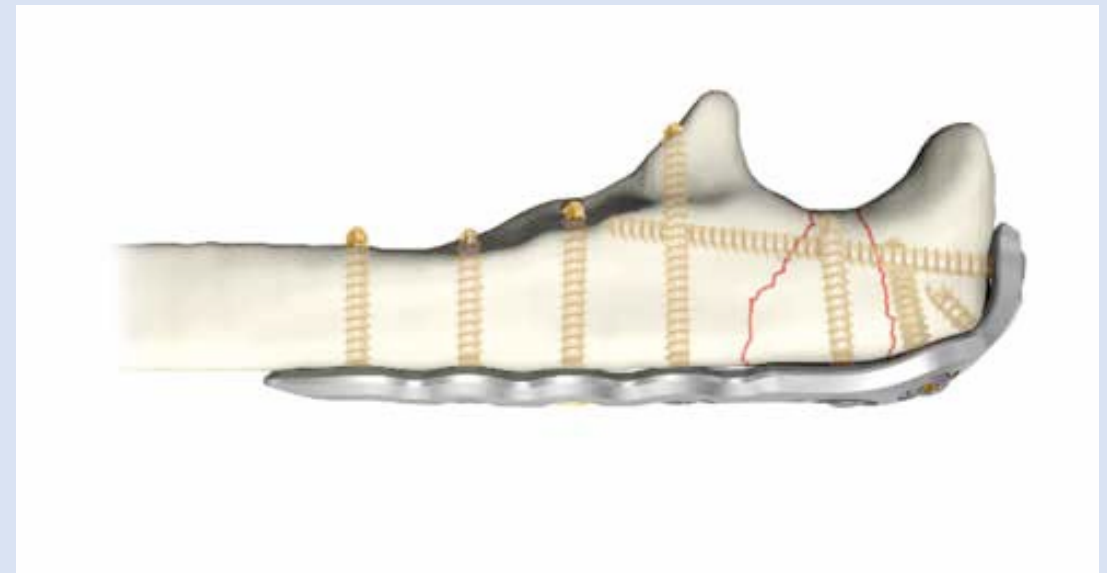
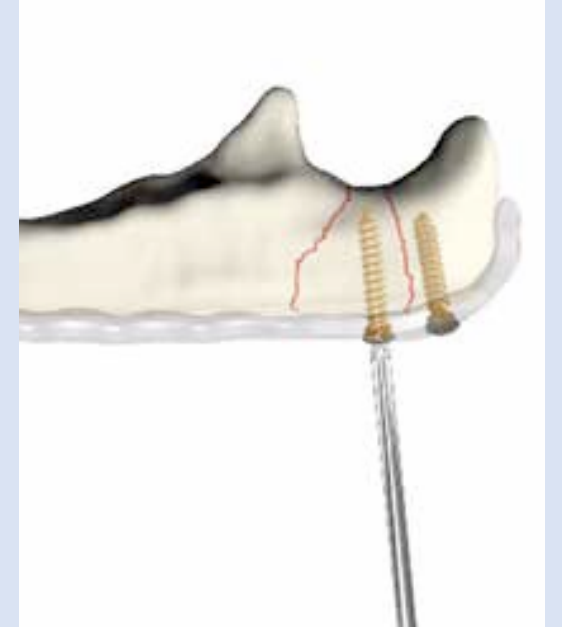
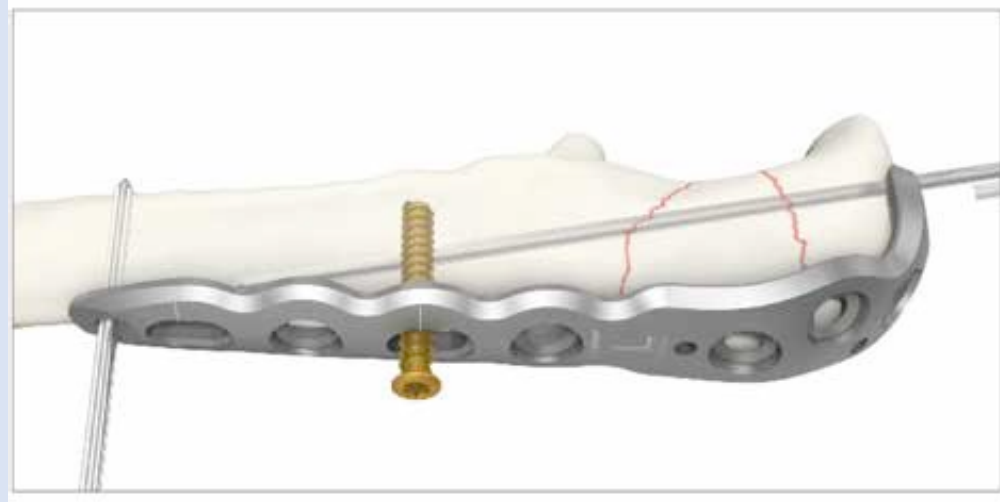


Olecranonfrakturer

Plade og skruer

Olecranonfrakturer

Plade og skruer



Olecranonfrakturer

Kirurgisk adgang

Olecranonfrakturer

Kirurgisk adgang



Olecranonfrakturer

Postoperativt regime

Olecranonfrakturer

Postoperativt regime

Tension band

- Vinkelgips i 90°
- Røntgenkontrol og suturfjernelse efter 2 uger
- Afbandagering efter 3-5 uger
- Ubelastet bevægetræning i 3-4 uger efter afbandagering
- Røntgenkontrol inden der tillades belastning til smertegrænsen.

Olecranonfrakturer

Postoperativt regime

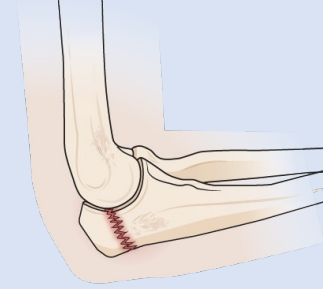
Tension band

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- Røntgenkontrol inden der tillades belastning til smertegrænsen.

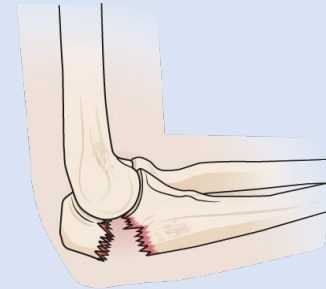
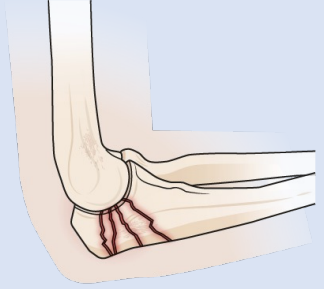
Plade og skruer

- Vinkelgips i 90°
- Afbandagering og suturfjernelse efter 2 uger
- Belastning til smertegrænsen
- Røntgenkontrol efter 6 uger

Olecranonfrakturer



Type 1



Type 2

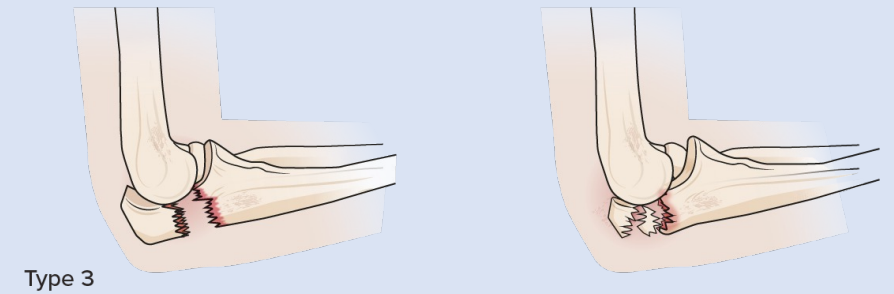
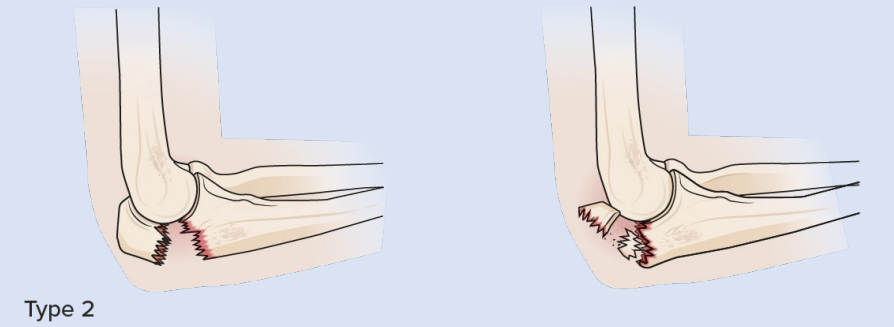
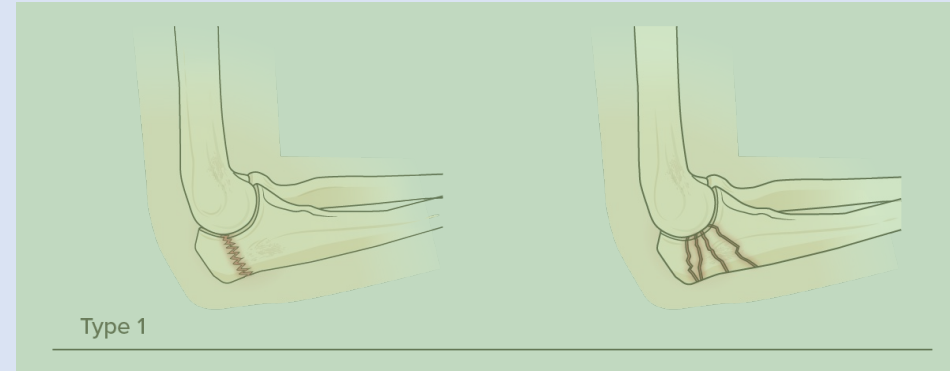


Type 3



Olecranonfrakturer

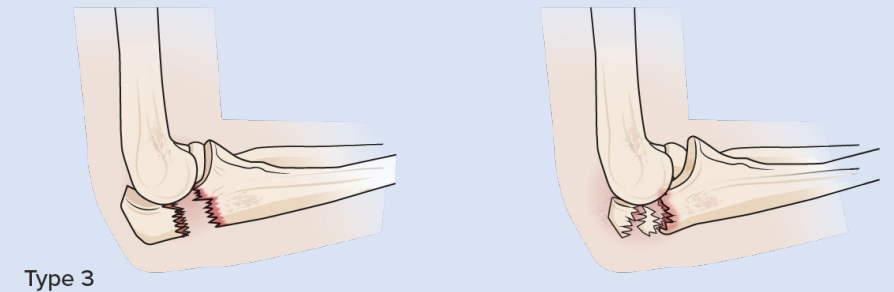
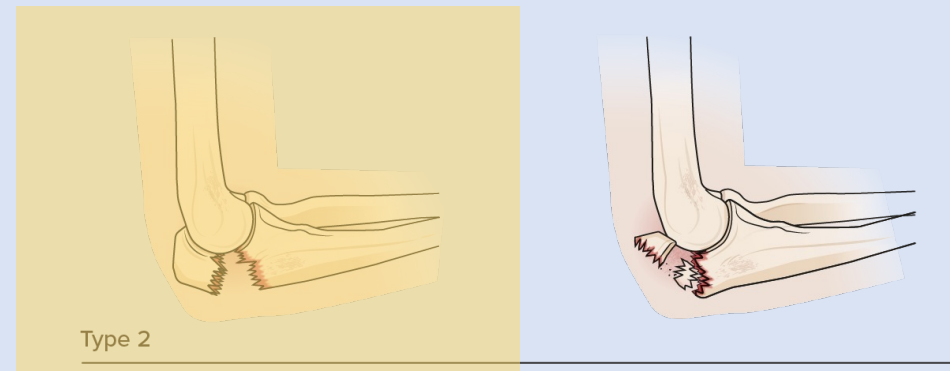
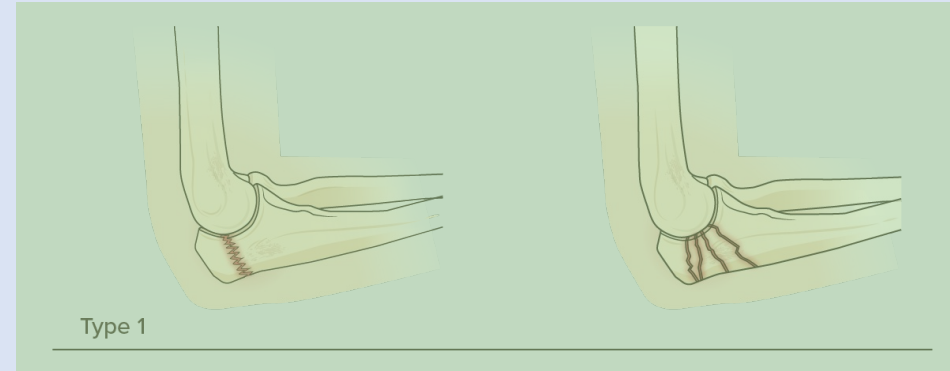
- Mayo IA og B
 - Konservativ



Olecranonfrakturer

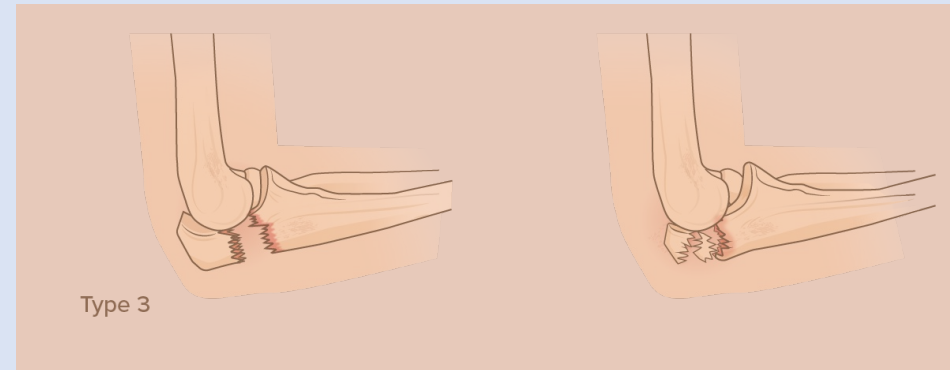
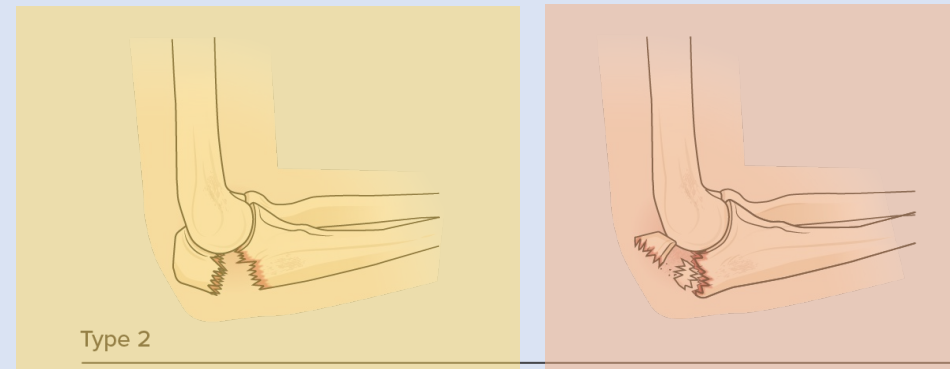
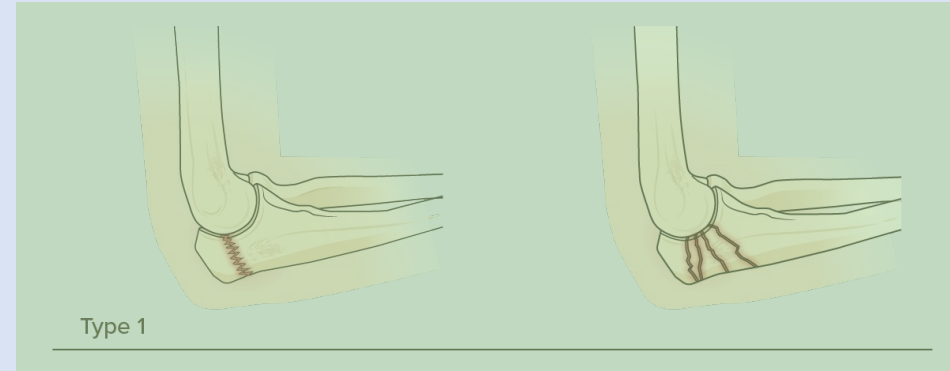
- Mayo IA og B
 - Konservativ

- Mayo IIA
 - Tension band



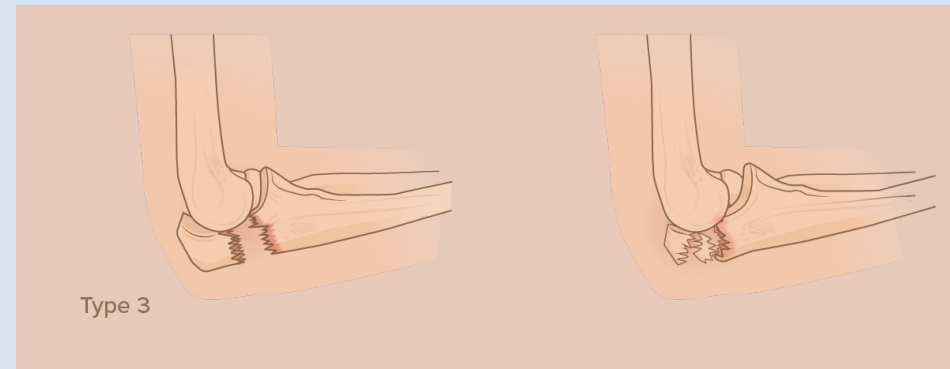
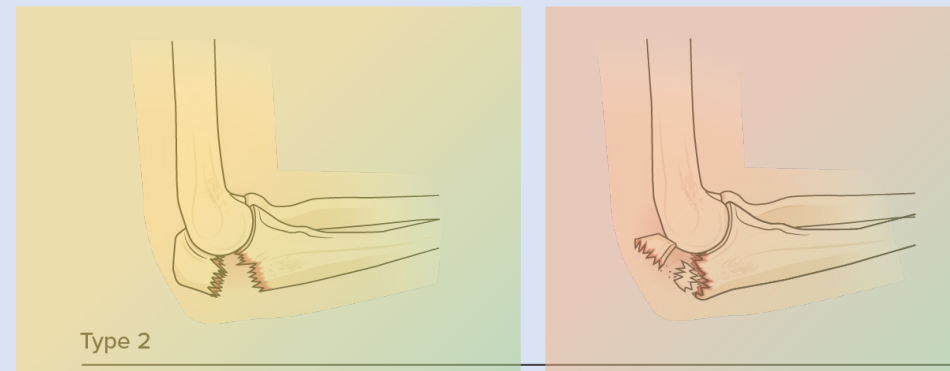
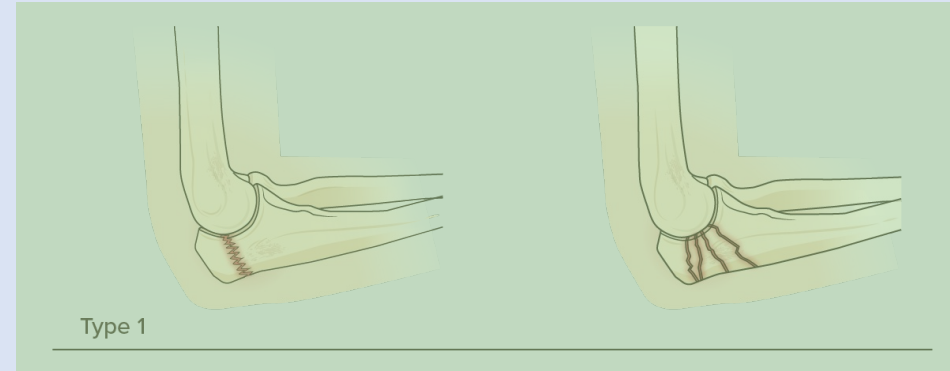
Olecranonfrakturer

- Mayo IA og B
 - Konservativ
- Mayo IIA
 - Tension band
- Mayo IIB + IIIA og B
 - Plade og skruer



Olecranonfrakturer

- Mayo IA og B
 - Konservativ
- Mayo IIA
 - Tension band
 - ...eller konservativ (type IIA+B, >75år)
- Mayo IIB + IIIA og B
 - Plade og skruer



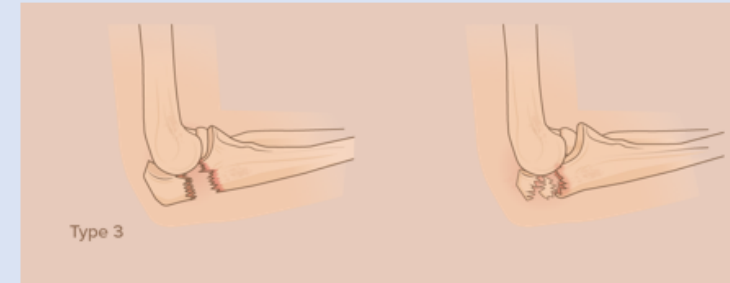
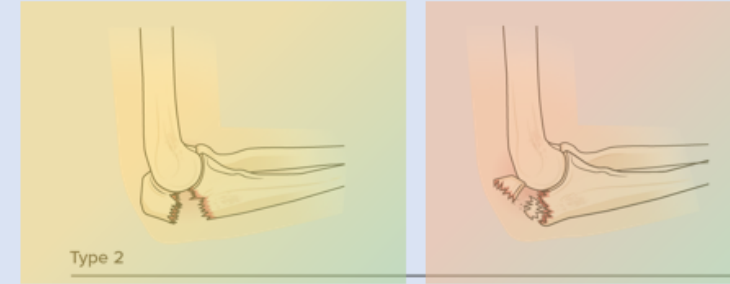
Olecranonfrakturen

Resumé

Olecranonfrakturer

Resumé

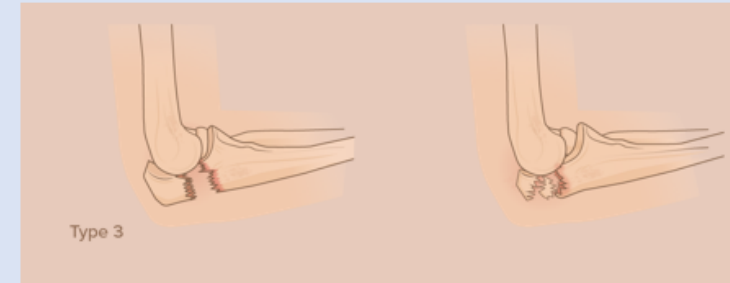
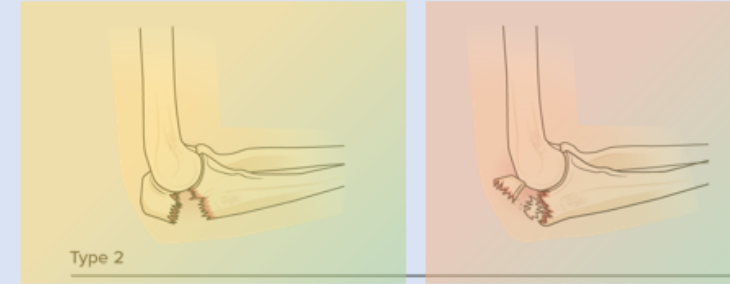
- Brug Mayo-klassifikation til at analysere frakturen og som guide til behandlingregime



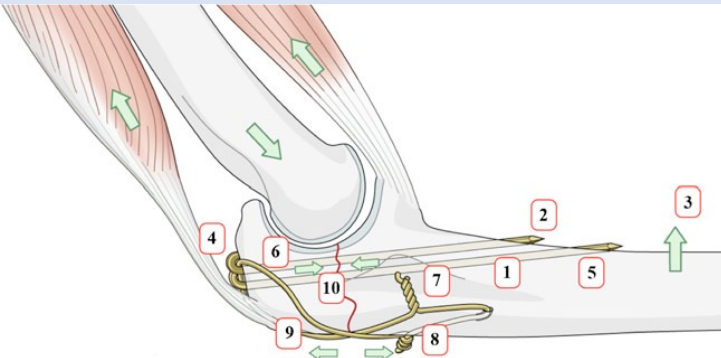
Olecranonfrakturer

Resumé

- Brug Mayo-klassifikation til at analysere frakturen og som guide til behandlingregime
- Tension band laver træk om til kompression



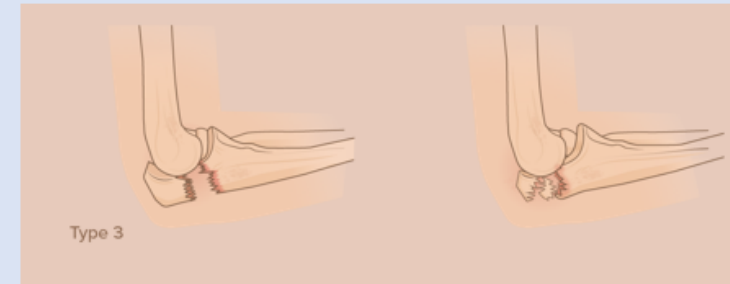
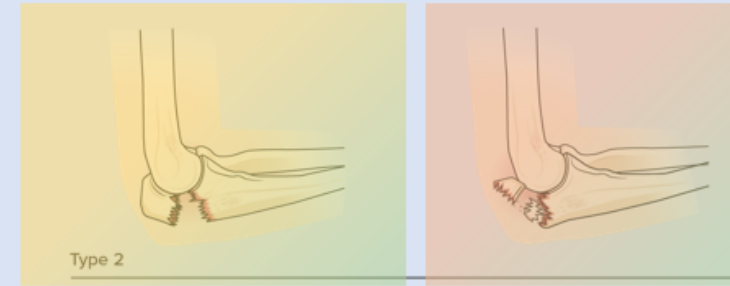
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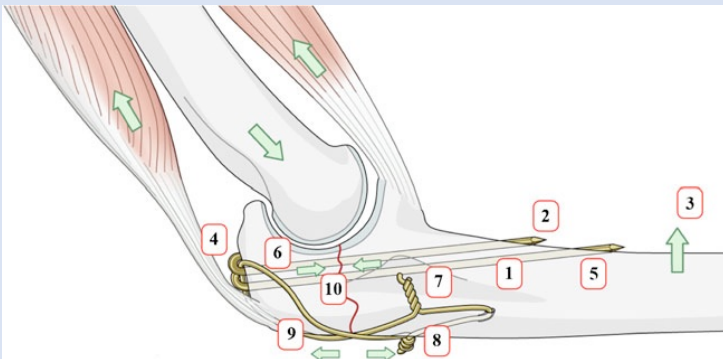
Olecranonfrakturer

Resumé

- Brug Mayo-klassifikation til at analysere frakturen og som guide til behandlingregime
- Tension band laver træk om til kompression
- Ser simpelt ud, men er en svær teknik



d.t



Olecranonfrakturer

Spørsmål?